

Internal Qualifications & Training Scheme

Bury Lake Young Mariners



In addition to the RYA qualified instructors, BLYM has a set of internal qualifications that are achieved for different disciplines through an internal training scheme. After completion, appropriate in-house certificates will be awarded.

1 Sailing

1.1 Structure

All RYA Sailing Courses at BLYM are taught by qualified RYA Instructors. To provide support to those wishing to train up to an RYA Instructor Qualification, BLYM has introduced an internal qualification that is supported by a development programme.

In the case of internal sailing qualifications, these do not aim to replicate the RYA Instructor Qualifications but instead intend to provide an introduction to instructing as part of an 'Unqualified Helper'. Those holding internal qualifications cannot teach RYA courses and do not count towards RYA ratios.

1.2 Course Assistant (CA) Prerequisites

BLYM has an instructing level below RYA Assistant Instructor called Course Assistants (CA). The purpose of this CA role is to provide experience to those who are looking to become an RYA Assistant Instructor in the future. The Course Assistant scheme should be delivered by an RYA Senior Instructor or an experienced RYA Dinghy Instructor approved by the Principal.

1. Membership of Bury Lake Young Mariners
2. RYA Start Sailing Stage 4 or equivalent

1.2.1 Training Course Syllabus

Please refer to the Course Assistant Development Programme document for information regarding the training course syllabus.

2 Multi-Activity Sessions

The internal training scheme at Bury Lake Young mariners must be delivered by a Technical Supervisor in the designated discipline. The requirements for a Technical Approver is given below, in addition to a statement of compliance for the introduction of the internal training scheme. Appointment of Technical Approvers lies with the BLYM Principal.

2.1 Statement of Compliance

The introduction of the internal training for multi activity sessions has led to a requirement to designate technical approvers and supervisors. Training courses are held to upskill existing instructors, and provide a sufficient pool of supervisors and technical approvers to allow delivery of multi activity sessions. For all sessions, it is necessary to have the relevant Supervisors present.

Non-compliance with the Operations Manual will result in a disciplinary procedure being conducted, as a result of failure to ensure the safety of candidates participating in activities at Bury Lake Young Mariners.

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2.2 Improvised Rafting

2.2.1 Structure

Improvised rafting is one of the most dangerous and complicated activities delivered at Bury Lake Young Mariners, and as a result, a more complex training structure is required. Rafting sessions should be delivered in accordance with the guidelines provided in Section 8.2 and in accordance with the training course syllabus given below.

To summarise, the Technical Approver delivers the same training course to both Senior Supervisors and Supervisors, but a Supervisor cannot operate without a Senior Supervisor on site.

2.2.2 Technical Approver Prerequisites

A technical supervisor must have the following pre-requisites completed before receiving the designation. The candidate must have:

1. Membership of Bury Lake Young Mariners
2. Valid first aid certificate (RYA Approved)
3. 5yrs + Improvised rafting experience, delivered at Bury Lake Young Mariners
4. Water safety training (this can be in the form of a water sports instructor qualification, minimum Senior Instructor or BCU Level 2 Coach or other alternative discipline)
5. RYA Safety Boat (RYA Powerboat Level 2 is acceptable for candidates with exceptional experience)

2.2.3 Senior Supervisor Prerequisites

A Senior Supervisor must be present at all times whilst Improvised Rafting activities are being delivered on site. In order to achieve the qualification, the candidate must have:

1. Membership of Bury Lake Young Mariners
2. Valid first aid certificate (RYA Approved)
3. Water safety training (this can be in the form of a water sports instructor qualification, minimum Dinghy Instructor or BCU Level 2 Coach or other alternative discipline)
4. Powerboat Level 2
5. Completed Improvised Rafting Training Course delivered by certified Technical Approver.

2.2.4 Supervisor Prerequisites

A Supervisor can deliver an Improvised Rafting training session under the supervision of a Senior Supervisor. In order to achieve the qualification, the candidate must have:

3. Membership of Bury Lake Young Mariners
4. Water safety training (this can be in the form a water sports instructor qualification, minimum Assistant Instructor or BCU Level 1 Coach or other alternative discipline)
5. Powerboat Level 2
6. Completed improvised Rafting Training Course delivered by certified Technical Approver.

2.2.5 Training Course Syllabus

The requirements for the delivery of this internal training course can be found below. These requirements are considered to be the minimum level of instruction required to safely deliver an improvised rafting activity session. Any level of additional training to supplement these requirements is encouraged.

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The training course syllabus remains the same for both Senior Supervisors and Supervisors, and must be delivered by a Technical Approver. The training course should take approximately 2-3 hours to deliver.

2.2.5.1 Ropework

1. Is able to tie a square lashing.
2. Is able to tie a clove and rolling hitch.
3. Is able to tie round and shear lashings.
4. Is able to tie a bowline and round turn and 2 half hitches
5. Knows correct storage methods for rafting ropes
6. Knows types of ropes and their uses for improvised rafting

2.2.5.2 Equipment

1. Knows the location of the improvised rafting equipment
2. Knows the correct storage procedure
3. Understands how to inspect equipment before use to ensure it is safe.
4. Understands how to correctly launch and recover a raft, and the importance of a safety inspection prelaunch.

2.2.5.3 Water Safety

1. Is able to throw, recover and stow a throwline.
2. Is able to demonstrate how to use a paddle effectively.
3. Understands suitable clothing for improvised rafting and can fit a buoyancy aid effectively.
4. Understands the correct equipment that should be carried by an instructor delivering an improvised rafting session.
5. Understands how to drive a powerboat effectively and safely in an improvised rafting session.

2.2.5.4 Risks & Hazards

1. Understands the risk of entrapment, and methods for reducing the likelihood of it occurring.
2. Understands risk associated with hypothermia and how to reduce the likelihood of it occurring.
3. Understands how to use a knife effectively to free entanglements.
4. Understands capabilities

2.3 Towsports

2.3.1 Structure

Occasionally, tow sport activities are operated at Bury Lake Young Mariners, primarily knee boarding and ringo rides. In order to deliver these sessions, it is necessary to have both a Supervisor (Driver) and a Supervisor (Observer) present. A driver may operate as both a driver and an observer, but an observer may not operate as a driver until they have achieved the pre-requisites.

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2.3.2 Technical Approver Prerequisites

The following prerequisites are required in order to deliver an internal Towsports training course. The candidate must have:

1. A membership of Bury Lake Young Mariners
2. Be aged 21+
3. Possess 5+ years of Towsports experience, in a variety of boats, towing a variety of equipment.
4. RYA Safety Boat
5. Valid first aid certificate (RYA Approved)
6. RYA Powerboat Instructor or be a BWSW SBD L1+

2.3.3 Supervisor (Driver)

In order to drive a powerboat and operate a Towsports activity session, the candidate must meet the following prerequisites. They must have:

1. A membership of Bury Lake Young Mariners
2. Be aged 18+
3. RYA Safety Boat
4. Completed the internal Tow Sports training course
5. Valid first aid certificate (RYA Approved)

2.3.4 Supervisor (Observer)

In order to operate as an observer for a Towsports activity session, the candidate must meet the following prerequisites. They must have:

1. A membership of Bury Lake Young Mariners
2. Be aged 14+
3. RYA Powerboat Level 2
4. Completed the internal Tow Sports training course

2.3.5 Training Course Syllabus

The requirements for the delivery of this internal training course can be found below. These requirements are considered to be the minimum level of instruction required to safely deliver a tow sports activity session. Any level of additional training to supplement these requirements is encouraged.

The training course syllabus remains the same for both Drivers and Observers, and must be delivered by a Technical Approver. The training course should take approximately 2-3 hours to deliver.

2.3.5.1 Ropework

1. Understands how to fasten tow lines safely to the transom of a powerboat
2. Understands how to fasten tow lines to inflatables
3. Understands how to inspect a tow line before use

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2.3.5.2 *Theoretical*

1. Understands the effects of prop walk and pitch
2. Understands what equipment is required to be fitted to a powerboat for tow sports to be operated safely
3. Understands the BWSW hand signals for tow sports
4. Understands the dangers of crossing the wake or other propagated waves
5. Understands the role of the observer in maintaining view of the skiers.
6. Understands the different types of Towsports and the equipment.
7. Knows how to inspect equipment before use to ensure safety.
8. Understands for each of the powerboats use for Towsports, the optimum tow speeds.

2.3.5.3 *Practical*

1. Understands the benefits and reasons for using a P turn for non-inflatable tow sports. Can demonstrate a P turn.
2. Understands the use of the U and S turns for picking up people fallen from the object towed. Can demonstrate both a U and S turn.
3. Understands and can demonstrate how to pull a skier out of the water.
4. Can demonstrate skier recovery.

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